



# The Menominee Megaphone

## July 20, 2016 - The Song and Cheer Issue

### **Song and Cheer Night! – By JAKE HERMAN**

As the sun set on night two of second session 2016, everyone packed into Wasserman Hall for one of the most spirited and fun campfires here at Menominee... Song and Cheer Night! WOODY helped get things going by starting the "Menominee Medley," the five songs that form the backbone of the Menominee songbook. The Seniors and the counselors kept the energy level high while the Juniors followed along on their song sheets. After that, the Senior Cabin took over the stage and brought the spirit through the roof. JOSH GOODMAN, MAX PTASZNIK, ISAAC WEISS and BRETT WEISS all led the traditional call-and-response cheers ranging from "Boom Chicka Boom," "Scat," "Down to the River," and "Fire up." This got everyone in Wasserman Hall hyped up to beat Kawaga next week. All in all it was a fun night and it also gave all of the new campers an insight of the Camp Menominee family and it's

### **Menominee Madness – By Brandon Ptasznik**

It was just about sunset when the timer started. Fourty-five minutes, eight sports and only one pair from each sport were to be crowned the kings. Big brothers and little brothers alike, raced off to conquer an event in what was one giant game of "King of the Hill." Pairs were able to try for victory in eight sports; Basketball, Volleyball, Archery, Tennis, Soccer, Kan-Jam, Tetherball and Paddleball. The pairs would move from one activity to another in hopes to become the king before time ran out. Winners stayed on the court to defend their title and the pairs who lost would then move on to the next activity. After an exciting fourty-five minutes, eight pairs of kings, for each sport were finally crowned. The winning kings were ISAAC WEISS and BRADY KAY for Basketball, for Basketball, KYLE SPIESZ and JACKSON FRANKEL for Volleyball, MORGAN BROOKS and JOSH KENNEDY for Archery, CONNOR WALL and MATTHEW HARFIELD for Tennis, RYAN FIRMIN and ADAM STEIN for Soccer, JACK BEHAR and NATE BEERMANN for Kan-Jam, JOEY HOFFMAN and MAX PTASZNIK for Tetherball and finally HARRISON HOFFMAN and AIDAN BRAMWIT for Paddleball. Congratulations to all the kings and listen out for the next event that'll be brought to you by the JC's!

### **Strength and Conditioning by Jack Forman**

Strength conditioning is definitely one of my favourite activities at camp. It is designed to build up your physique and make you a better athlete. PAM ADLER and PETE COLE run it, and because they both have such great personalities, they both really help us to push ourselves that extra bit to, hopefully, help us achieve the results we want.

#### **Weather Report**

Mostly Cloudy – 85 Degrees  
Humidity – 55%

#### **Shout Outs!**

PETER GOU and ALEC GAU stood up on their skis. They had never been on skis before. Well done guys!

## **Counselor Profile**

NAME: Dwayne O'De Frietas

AGE: 24

FROM: South Africa

ACTIVITIES: Waterfront/Skiing

FAVOURITE ATHLETE: Cristiano Ronaldo

FAVOURITE SPORT: Soccer

FAVOURITE SONG: Wiz Khalifa - See You Again ft. Charlie Puth

FAVOURITE FILM: Deadpool



*Dwayne*



*Cristiano*

## **Random facts about Nick Young!**

1. Young doesn't use body lotion
2. Young loves "Eastbound & Down" protagonist Kenny Powers. The recently completed HBO comedy is Young's favorite show.
3. Young doesn't wear socks – It's apparently his southern California style.
4. The origin of "Swaggy P"- Young came up with the nickname himself, but he was hesitant to give the real reason behind this bizarre moniker. "I can't really give you all that. You're asking a lot of personal questions," Young said. "Superman didn't really tell people who he was. I'm super. Super Swaggy P. The name rings bells around here. It's all in fun and something I came up with."
5. The popular rapper, Kendrick Lamar and Nick are cousins.

## **The Rules of the Waterfront – By Sam Watts**

On Tuesday, Andy met with the entire camp to brief them on safety and rules down at the waterfront. There was an in depth discussion about the topics such as, the buddy board, life jackets, lining-up procedures and other important waterfront information. This group meeting was necessary to ensure the effective and safe operation during all waterfront activities. The waterfront is where most potential camp-hazards lie, so it essential to know how to behave down there. It has already been proven that this was beneficial through the outstanding behavior and organization of the waterfront on Tuesday afternoon. I am sure our campers will continue to comply with the waterfront rules and help us to make the waterfront the best that it can be. After the brief, RAYMOND DONG was seen asking further questions about the life jacket rules and DANIEL DRISCOLL was already looking for a buddy to go into the lake with during General.

## **Strength and Conditioning by Harris Greenbaum**

Strength and conditioning, led by PAM ADLER, is a Big 10 activity that helps campers stronger. Campers, and occasionally counselors, work out their entire body with arms, legs and abdomen exercises. Motivated by the fast-paced work-out music, campers complete the workout to the best of their abilities. Pam leads the group as she calls out what to do, while giving a demonstration beforehand. Even some staff members like PETE COLE, SIMI and DOCTOR KNIAZ join in on the fun as well. The strength and conditioning activity is great to have in Big 10, because I feel it helps me get in better shape which I can then use during the Kawaga games.

**RULE NUMBER 1:** Rule number one states that when someone is at the Microphone, everyone else is quiet and listening. Rule number one is important and is always in effect. We must respect rule number one.