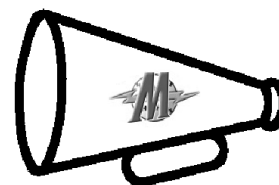


# Megaphone



**The First Day Edition**

**Wednesday, 24th June 2015**

**A healthy and happy summer by Nurse DAWN**

It is so exciting to see so many new faces at camp; from the new campers to the new international staff! Here are a few reminders to help you all stay healthy and happy over the summer. First of all, the best way to prevent the spread of the 'camp cold' would be to wash your hands frequently with soap and water for about 20 seconds each time. Next would be to keep hydrated; that means drinking a lot of water! Even on cool days you need lots of fluids to keep your body going. If you wait until you are thirsty to drink water, you have waited too long. **BUGSPRAY, BUGSPRAY, BUGSPRAY!** Two words; use it! I'm sure that we will deal with the usual things like colds, sprains, cuts and bruises. Hopefully, we will avoid anything more severe. If you get sick in the middle of the night, and are throwing up, have your counselors bring you to see me. Get the things that you need at canteen and also see me for your evening medications! You can find me pretty easily during the day, I'm either in my office or out watching you play. I'm sure we would all prefer to be outdoors! Here's to a healthy and safe summer, Nurse DAWN.



**Famous birthdays on June 24th!**

Lionel Messi	J.J Redick
Chuck Taylor	Levi Roots
Minka Kelly	Iain Glen

**Tomorrow's weather report**

**76°** Sunshine mostly but a chance of thunderstorms. Remember to keep hydrated!

**BIG TEN by Justin Schoneman**

Yesterday we started Big Ten, the instructional program at camp. There are five different rotations; these are Illinois, Indiana, Michigan, Wisconsin and North Western. The day started with Illinois which meant the Seniors began with one of Menominee's greatest sports, Softball! The energy and spirit was on point and the long wait to play the sport we all love was over. Intermediates went out to 'Woody's Pitch' and learned a lot of skills and attributes of Soccer. The Juniors started their day off with Basketball, where they learned fundamentals such as dribbling and passing. There were many other sports and activities that were available to the group. For example, there was a tremendous number of people ready and eager to participate in a spot of fishing. Overall, it was a great start to Big Ten.. There are still so many sports and activities to learn and get involved with.

**Waterfront safety with Andy Schofield**

Yesterday's waterfront talk outlined the rules and procedures of the waterfront this summer. It is extremely important you stick by these. The buddy board must be used properly at all times, as demonstrated by MAX BEERMANN and LEVI PASIKOV. Remember if you go swimming you have to go in a pair or more. For any boating activities you must consult a member of staff first. If you have completed your laps, good job! If you haven't, you must wear a lifejacket. SCHUYLER will be available to help with fishing. When kayaking and canoeing you must be in sight at all times. The on-deck whiteboard will be at the waterfront ready for all water sport activities. Remember, have fun but be safe!



### Counselor Profile

**Name:** Josh Swales

**Age:** 20

**Cabin:** 5

**Activities:** Lifeguard, Swimming, Skiing

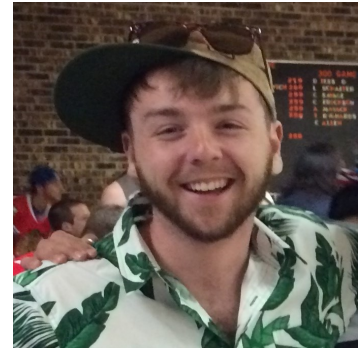
**Favorite sport:** Swimming

**Favorite food:** Pizza

**Role model:** Taylor York

**Film:** The Conjuring

**First Menominee memory:** Meeting everyone at 1am in the morning after a 6 hour bus ride from the airport



### MCAA League action

Yesterday was our first day of MCAA leagues, We participate in two activities per day that we signed up for at rotations. You get put into a team and you play against another team for pride and the joy of winning. The activities I did were Newcomb and Football. For Newcomb it was the battle of 'Schoney's wardrobe'. I played for 'Glenbrook north sweatpants' and we lost 2-1. For football, I played for the 'Quesaritos' with COOPER SPECTOR, MAX BEERMANN, JACK BEHAR and HARRISON HOFFMAN. We won by one touchdown, thanks to the amazing efforts of MAX and JACK. This was the end of MCAA league first day of action. **SAM GOODMAN reporter for the MEGAPHONE.**

### TWILIGHT LEAGUE

Yesterday, as TAYLOR 'BO-BO' BEAUSEIGNEUR was explaining Speedball, everyone was relieved when JUSTIN 'SCHONEY' SCHONEMAN ran in with the Softball trophy. All of the campers were very excited to play TWILIGHT LEAGUE Softball 2015! In the Junior fixtures, diamond three had a big win at 20-6 and the other game resulted in 19-6. Everyone played great but certain people dominated, such as MORGAN BROOKES and KASE RATZLAFF. BEN APPADOO sprained his arm in a senior's game but recovered well. SAM GOODMAN was hit in the chest with a ball, but took it like a champ. **ELAN PODOLSKY reporter for the MEGAPHONE**

### Picture day by SAM GOODMAN

When it came on the speaker that we were supposed to go to the waterfront after breakfast, we knew we were going to have our pictures taken. We had cabin group photos taken first at the waterfront. Lucky canteen number 15! After that we went up the hill to the living room of the lodge to have our portrait pictures taken. Although it took a while, it was really fun and it went pretty smoothly.

### Generals by ELAN PODOLSKY

We all had fun in General doing whatever activities we wanted. There were some special events during that time. Many campers got their swimming laps done in the lake. Good job everyone! JAKE REINHARDT got on the skis for the first time! Bravo JAKE! Did anyone spot the eagle flying over the lake in the morning? Pretty cool right! According to SCHUYLER SANDS, I caught the first fish at Menominee this year and it was a big one. It was a very slimy 22-inch Pike!

### A QUOTE TO THINK ABOUT:

"THE MAN WHO DOES THINGS MAKES MISTAKES, BUT HE NEVER MAKES THE BIGGEST MISTAKE OF ALL - DOING NOTHING."  
Benjamin Franklin

**Attitude Determination Heart Leadership Spirit Sportsmanship**