







The Doc's Run Edition

Monday 10th August 2015

## Doc's Run by DALE RAWLINGS

A bright and early call on Sunday morning meant it was time for Doc's Run. We had the pleasure of having Dr KENNY MILLER, the man himself, here to watch the 4.5 mile run back to camp. This time we had 26 brave counselor and camper runners that stepped up. We also had GAVIN PICKLIN attempt the race on his Roller Blades! Big shout out to GAVIN! WOODY and MAX WEINGARDT were up early to take the troops to the start line while JASON covered every inch of the run with his camera. ANDY SCHOFIELD volunteered to be the water-boy and did a great job doing so. The race got off to a great start with the counselors setting the pace. Track-star NATE FRIEFELD led from the front with mountain biker, TOM SCOTT, and swimmer, COREY NEWHAM, keeping up. GRANT FISHER, KASE RATZLAFF and GAVIN BRAMWIT all kept together at a fast and consistent pace. JAMES GASKIN, MAX BEERMANN weren't far behind, with AIDEN BRAM-WIT, JACK SACKS and JONAH GAGERMAN breathing down their necks. It wasn't until the late stages in the race when WOODY egged on NEWHAM to pick up the pace. WOODY believed the man from down under had what it took to catch the speedster, FRIEFELD, and how right he was. On the last straight NEWHAM released a second wind and raced past his opponent, building a 12 second lead before crossing the finishing line. Camper WILL FRIEDMAN had completed the race the day before because of the Menominee Masters golf competition (also on Sunday) and recorded a very respectable time of 32:30 that made him the fastest camper. Well done WILL! Indeed, well done to everyone else that competed and completed the race.

Placed	Name	Time	Placed	Name	Time
1	COREY NEWHAM	0:31:44	12	JOSH BARSKY	0:44:17
2	NATE FRIEFELD	0:31:56	13	MIKE WALMSLEY	0:44:23
3	WILL FRIEDMAN	0:32:30	14	JEREMY ZELKEN	0:44:26
4	TOM SCOTT	0:32:33	14	BEN ZELKEN	0:44:26
5	GRANT FISHER	0:35:43	15	JACOB SMITH	0:44:43
5	KASE RATZLAFF	0:35:43	16	COOPER SPECTOR	0:54:39
5	GAVIN BRAMWIT	0:35:43	17	NATE BEERMANN	0:54:42
6	JAMES GASKIN	0:36:56	18	DAVID FISHER	0:57:08
7	MAX BEERMAN	0:40:36	19	LEO NECHELES	0:58:41
8	AIDEN BRAMWIT	0:41:12	20	JOEY HOFFMAN	1:11:49
9	JACK SACKS	0:41:21	21	RYAN FIRMIN	1:12:00
10	JONAH GAGERMAN	0:41:32	22	MAX KIRSCH	1:12:02
11	JACK FORMAN	0:42:17	23	RYDER SPECTOR	1:15:31



COREY NEWHAM and DOC MILLER

Interview with COREY NEWHAM, the Doc's Run 2015 champion:

- Q: How did it feel taking the honors, against all odds, in Doc's Run 2015?
- A: It was a special moment that will never be forgotten and it was the highlight of my running career.
- Q:What was your preparation for the event in terms of sleep, diet and training etc?
- A: I had three solid camp meals the day before and I did not eat canteen in the evening which helped.
- Q: Who did you think performed well in the race, besides you?
- A: Any camper that came ahead of a counselor should be commended for their amazing efforts!
- Q: How will you celebrate this amazing achievement?
- A: Hopefully MIKE WALMSLEY will share his canteen with me; I doubt it though.

Attitude Determination Heart Leadershin Spirit Sportsmanship

# Tomorrow's weather report

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Sunshine and cloud-cover throughout the day. On This Day! 1821 - Missouri became the 24th state to join the Union.

#### Second Session Town Day by DALE RAWLINGS

Town Day; one of the most anticipated days of the session. This one was no different. The boys had a nice Sunday lie-in, had some great breakfast and got their laundry ready, before it was time to hit Minocqua for second session Town Day. The boys split into groups with anyone they wanted and chose a

counselor to go with them. I had the pleasure of joining ROBBIE YASTROW, CALEB SAKS, ETHAN SAKS and JACK SACKS. We enjoyed a trip to Island City Café for some lovely ice-cream, before visiting Glik's and Packerland Plus for some shopping, amongst other things. The SAKS brothers tucked into some of Dan's Minocqua Fudge while LIAM WELSH O'HARE tucked into a bag of taffy. We bumped into a few groups along the way. SAM STEINER was enjoying his chocolate caramel popcorn while JACOB SINGER got his hands on some Swedish fish. We all met up at



The Min-Aqua-Bats in action.

Alexander's Pizza Place at 6.30pm to head to the Min-Aqua-Bats Ski Show. The weather wasn't great, but the Menominee boys stayed in high spirits. The show got off to a good start, before it had to be cancelled because of lightning. The boys made their way back to the buses and headed back to camp. A very tired Cabin 12 slept most of the way home. They obviously all had too much fun!



JACOB SINGER enjoys put-put in Minocqua

## Saturday's Soccer League Championship by JOSH INGRAM

Soccer Leagues were a great success for all age groups on Saturday, with some shock results and some very close games. In the Junior division, RYAN FIRMIN's team came out on top with a closely fought battle in the final game. Although on the losing side, ZACH BEN-ISVY was made MVP of the game for his dominating performance in the fixture. Well done ZBI! In the Intermediate section, RYDER SPECTOR's team were the victors in a close game, with VAUGHN FRANKEL taking the MVP prize. In the Senior League division, it was an interesting spectacle as NOAH BEN-ISVY's team fought off a spirited comeback from WEINGARDT's team. 'NBI' earned himself the MVP of the match in the process. Great work everyone!

#### Green & White Counselor softball by JONAH WEISS

It was a muddy afternoon on the Bob Bender Senior Diamond, but the counselors battled out a nice softball game. The White's bats came to play in the first inning as they knocked six runs, led by REID KANTER, ETHAN WEISS and NATE FRIEFELD. Add in the stellar pitching from the White team's man on the bump, ANDREW BLECHMAN, it looked like the White's were going to win a rout. But, a wise man named Lee Corso once said, "not so fast my friend!" After a home run by the Green team's JEREMY KOHLENBRENER, the mighty Green's were in business. A late 3-run double by JONAH WEISS put the Green team ahead 7-6. WOODY shut the White's down with his 'Baggo' style pitching. Lucky canteen number 30. The Green's took the game 7-6.

A BIG HAPPY BIRTHDAY TO JACKSON FRANKEL WHO IS 10 TODAY! PIZZA PARTY FOR CABIN 6 TONIGHT!



#### A QUOTE TO THINK ABOUT:

"THE MIND IS THE LIMIT. AS LONG AS THE MIND CAN ENVISION THE FACT THAT YOU CAN DO SOMETHING, YOU CAN DO IT, AS LONG AS YOU REALLY BELIEVE 100 PERCENT." Arnold Schwarzenegger